Dear Parents/Guardians of our Participants,

Welcome to the City of Rockville's Youth Sports Leagues. Our goal is to provide quality leagues to each and every participant. We strive to provide a fun, exciting experience for all participants in a recreational setting. Thank you for your continued support of our leagues. Enjoy the season!

Fall Youth Cross Country

Join a team and have a blast with friends while running different cross country courses in Rockville. Program includes practices and five meets for boys and girls. Volunteer coaches will conduct practices. Montgomery County Road Runners assist with the meets. Practices are weekdays, starting the week of Sept. 21. Meets are on Saturdays: October 3-Nov. 7 between 8-10 a.m.

Courses are at Civic Center Park, Dogwood Park, and Woodley Gardens.

Registration Deadline: Tuesday, Sept. 8

Boys and Girls grades 1-8

LIL' RABBITS - Grades: 1st - 3rd *(Run 3/4 mile at meets)

Course# Day Dates Time R/NR

Course# Day Dates Time R/NR 51863 Sat. 10/3-11/7 8-10 a.m. \$59/\$69

STRIDERS - Grades: 4th - 6th *(Run I mile at meets)

Course# Day Dates Time R/NR 51864 Sat. 10/3-11/7 8-10 a.m. \$59/\$69

 RAPID RUNNERS - Grades: 7th & 8th (Run 2 miles at meets)

 Course#
 Day
 Dates
 Time
 R/NR

 51865
 Sat.
 10/3-11/7
 8-10 a.m.
 \$59/\$69

*6th graders are eligible to participate in the Rapid Runners division (2-mile course) with approval from the Sports Division.

R = Resident/NR = Non-resident



Practice Information:

Fall practices for Youth Cross Country and Youth Co-Rec Soccer start the week beginning Monday, Sept. 21.

The head coach of the team will communicate practice details to each participant via email or phone. If you have not heard from your coach by Friday, Sept. 18, contact the Sports Division at 240-314-8620 or sports@rockvillemd.gov.

Interested in volunteering to coach a team?

NEW! Volunteer head coaches are eligible to receive a **10% registration discount** for one participating family member per team coached.

To find out more about coaching, and how to receive your 10% discount, contact the Sports Division at 240-314-8620 or sports@rockvillemd.gov.



Youth Sports Leagues

We recommend bringing a water bottle to all league practices and games. Please stay hydrated!

• Volunteer coaches conduct all youth league team practices and games •

Please feel free to contact the Sports Division if you have any additional questions regarding our leagues and tournaments.

Fall Co-Rec Soccer League

Your child will have a safe, fun, and beneficial soccer experience in this league. Emphasis is based on skill



development and fun. Small size teams are formed to allow for more touches. Practices and games are at various high quality fields throughout Rockville. Practices is on a weekday evening starting Sept. 21. League play is on Saturday mornings, starting Oct. 3 between 9 a.m.-1 p.m. at Mark Twain School Athletic Park, and Broome Athletic Park. Note: Teams have possible weeknight games and Sunday make-ups.

Registration deadline: Tuesday, Sept. 8.

Divisions:

ANKLE BITTERS - Grade: Pre-K/4 yrs. only (play 4 vs. 4)

Course# Day Dates Time R/NR

51862 Sat. 10/3-11/7 9 a.m.-1 p.m. \$60/\$70

TINY KICKS - Grades: K & Ist (play 4 vs. 4)

Course# Day Dates Time R/NR 51858 Sat. 10/3-11/7 9 a.m.-1 p.m. \$60/\$70

PEE WEES - Grades: 2nd & 3rd (play 7 vs. 7)

Course# Day Dates Time R/NR 51859 Sat. 10/3-11/7 9 a.m.-1 p.m. \$60/\$70

BANTAMS - Grades: 4th & 5th (play 9 vs. 9)

Course# Day Dates Time R/NR 51860 Sat. 10/3-11/14 9 a.m.-1 p.m. \$62/\$72

MIDGET - Grades: 6th - 8th (play II vs. II)

Course# Day Dates Time R/NR 51861 Sat. 10/3-11/14 9 a.m.-1 p.m. \$62/\$72

Youth Tennis Tournament

Everyone's a winner with our Youth Tennis Tournament! Have a smashing time using kid-sized courts, nets, rackets, and low compression balls. Emphasizes skill development in a fun, not-competitive tournament, which is sanctioned by the United States Tennis Association. Tournament takes place at City of Rockville Tennis Courts.

12 AND UNDER DIVISION - USTA Sanctioned (Ages 11-12 yrs.)

Course# Day Date Time R/NR

52048 Sat. 8/22 8a.m.-6 p.m. \$33/\$38

Register by Aug. 14

IO AND UNDER DIVISION - USTA Sanctioned (Ages 9-10 yrs.)

Course# Day Date Time R/NR

52046 Sat. 9/26 II-5 p.m. \$28/\$33

Register by Sept. 16.

Adult Race Info.:



Rockville IOK/5K

Join us on Sunday, Nov, I for the 40th annual Rockville 10K/5K race starting at King Farm Village Center. Register for the 5K or 10K race. Race begins at 8:30 a.m. followed by post-race brunch. For more information, visit www.mcrr.org.

Race fees:

- \$34 online/mail-in through Thursday, Oct. 29
- \$40 at Packet Pick-up Saturday, Oct. 31 and walk-up on race day.

2015 Fall Registration Form

MAIN CONTACT: *requ	ired information							
*Primary Phone:			Check h	nere if new addr	ess/phone since last	time regis	stered.	
*Last Name	*First Name				DOB: /	/ Sex:	M/F	
*Address:								
*City/State/Zip								
*Secondary Phone			* Email Address	:				
'			coaches. Check b					
EMERGENCY CONTACT:	(other than parent	or adult participa	ant)					
First Name	Last Name				Phone			
PARTICIPANTS:								
Name (Last, First)	Sex M/F	Birthdate M/D/Y	Activity/ Class Name	Course #	School Attending	Sch.Yr. '15-'16 Grade	Fee	
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			Addition	onal Contribution		α. ψ al: \$		
Special N	leeds: Participants	with special need	s should contact our offic	e three weeks p	prior to activity.			
	Re	lease,Waiver, As	sumption of Risk and Con	sent				
Participation in the program maical shape and is medically able participation in this program, i public roads, of accidents, of ill sideration of the arrangement n for food, travel, and recreation, agrees to release and indemnify claims for injuries or loss of an the parent or guardian on beha emergency treatment of the participant. Neither the inst	e. Participant (or p ncluding but not li ness, and of the for nade for the partici the participant, hi the Mayor and Co y person or prope lif of a minor child tticipant and conse	arent or guardia imited to, those a roes of nature. In pant by the May, s or her heirs, city oruncil of the City rty which may a participant) gra ents to the City's	in on behalf of a minor c generally associated with consideration of the righ or and Council of Rockvi d executors, or a parent of Rockville and all of i rise out of or result from this permission for a doct use of photographs take	hild participan n this type of p nt to participate lle through its I or guardian on ts agents, office, n participation tor or emergen en or videotape	t) assumes all risks rogram, the hazardse in the program and Department of Recre behalf of a minor cl rrs and employees, fi in the program. The cy medical technicia s made of the progr	associate of travel in furthe ation and nild partic rom any participa n to adm am that in	d with ling on er con- l Parks cipant, and all ant (or iinister	
*Signature of Participant/Guardian	<u> </u>							
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How Can I Register? ONLINE: Use Rock Enroll to register online 24 hours a day, seven days a week. www.rockvillemd.gov/recreation, click on Rock Enroll. If you need assistance with pin numbers, please contact the Recreation Department at 240-314-8620. WALK-IN: Prior to the registration deadline, you can register at any City of Rockville facility. This includes Rockville City Hall, Swim Center, Senior Center, Twinbrook Community Recreation Center, Lincoln Park Community Center, Thomas Farm Community Center, and Croydon Creek Nature Center. FAX: You can fax your completed registration form (payment by credit card only) to 240-314-8659. MAIL IN: (team or individual registration form) City of Rockville, Attn: Sports Division, III Maryland Avenue, Rockville, MD 20850

Get Rockin'

with Rockville's Youth Sports Leagues



Fall 2015

Co-Rec Soccer, Cross Country and Tennis Tournaments

Registration deadlines:

Cross Country and Soccer: Sept. 8
Tennis tournaments: Aug. 14 and Sept. 16

Like us on Facebook: www.facebook.com/rockville.sports.leagues



240-314-8620 • www.rockvillemd.gov/recreation/sports